

CYO Basketball

6/12/08 (AC)

Rules & Modifications

08-09 Program Year

General Modifications All Grades: you must also consult modifications for your teams' grade level

NCAA Rules (Girls) National Federation Rules (Boys) govern league play.

NO three point field goal 4th through 8th grade.

EQUIPMENT: Home team is responsible for equipment - game ball, scorebook, clock, horn, etc.

FORFEIT TIME: 15 minutes

BACKCOURT LINE: On courts shorter than 74 feet, it is recommended that the backcourt line be such that the front court measures as least 37-40 feet.

UNIFORMS: Parish name must be displayed on the front of the uniform jersey. All uniforms must be in keeping with the standards of the sport (IDENTICAL shirts, shorts must be the same color and style). Violation of this uniform rule will result in 1 technical foul (non-administrative), 2 shots and possession. Jerseys must have numbers on front and back (LEGAL NUMBERS). Violation for illegal numbers will result in a technical foul, 2 shots (per player that enters game wearing an illegal number) as per NCAA and National Federation Rules.

SCORE BOOK: Both Teams are required to use a scorebook. The Home Book will be the official book. Teams are required to print first & last names of all participating players with their number in the scorebook.

OFFICIALS:

Fees: Each team shall pay 1/2 the officials fees at EACH game including the playoffs and finals. Officials are to be paid prior to the start of each contest, providing that Official(s) has checked and printed their names in score books before each contest.

ROSTERS: Rosters are required in the CYO office with team registration

Ineligible Players: Verification of an ineligible player will result in a forfeited loss for any game played with that ineligible player and counted in win/loss record for the team. Coach will be subject to a suspension that will be determined by the Discipline Committee and the team forfeits its opportunity to participate in playoffs.

Players: No player may participate in both Tyro/Senior and the 4th through 8th grade program in the same program year.

PLAYOFF DISQUALIFICATION:

The Discipline Committee will eliminate any team from the playoffs for 3 wins or more with a final game score differential that meets or exceeds:

Tyro/Senior - 35 points.

7th and 8th Grades – 30 points.

5th and 6th Grades – 25 points.

THIS ELIMINATION MAY NOT BE APPEALED!

MERCY RULE:

Teams are required to adhere to the CYO Drop Back Rule, if they are leading by:

Tyro/Senior level – 25 or more points

7th & 8th grade – 20 or more points

4th, 5th & 6th grade - 15 or more points;

DROP BACK RULE: In effect for all CYO Games (regular season, playoff, & championships)

1. **NO** Full court press may be employed.
2. The team in the lead must fall back to the top of their defensive key.
3. There can be no double teaming anywhere on the court by the leading team. Violations will result in a Technical foul on the coach. Two free throws and ball possession at mid-court will be awarded to the offended team. *Man to man defense is recommended.*

REPORTING SCORES/GAME RESULTS: Scores **MUST** be reported into the CYO office by both Coaches within **72 hours of the contest**. Any game score not reported within 72 hours will result in a double loss (0 – 0) for both teams. CYO scores can be reported on the CYO website; www.cyons.org "Coaches Corner"; emailed to scores@cyons.org ; or by phone 516-433-1145 (X 25,26,27,28,29) using Game # which appears on your schedule.

RESCHEDULES/TBA (TO BE ARRANGED) GAMES:

- 1) **There are only three reasons permitted for a game cancellation:** inclement weather, a parish religious event or loss of facility. If a scheduled game date is moved without CYO approval, both teams will receive a forfeit. **Two forfeit losses will eliminate a team from playoff contention.** Any officially postponed game, or TBA should be rescheduled by the coaches within 2 weeks. Notify the CYO office of the new date for the assignment of officials
 - a) If it becomes clear that an opposing coach is NOT cooperating in rescheduling a game, Coach / Coordinator **MUST** contact your Recreation Specialist at CYO and advise him/her ASAP. A forfeit may be declared to an uncooperative party.
 - b) For an APPROVED reschedule or a TBA game, BOTH COORDINATORS **MUST** contact the CYO office to verify the new date/time/site.
- 2) **Unscheduled/TBA games must be scheduled by the required date as listed on the CYO Program Schedule/Calendar/"Dates to Remember" as posted on the CYO website.**

Unscheduled Game Codes: Games Dated 1/1 or 1/2 on your CYO schedule are TBAs

PLAYOFFS: ALL Coaches MUST have attended the CYO Coaches Sanctioning Workshop, and submit a CYO Sportsmanship Ballot to qualify for CYO post season playoffs.

NOTE: Playoff dates, times, and places are a direct result of the gym time provided by participating parishes. CYO Playoffs Schematic is published on the CYO website www.cyons.org. Playoff schematic is only subject to change by the CYO office if a facility is lost, or inclement weather makes travel hazardous. All parish religious events need to be identified to CYO prior to the schematic being published.

5th-8th Grade & Tyro/Sr Girls - "A" Leagues:

All teams with a winning record of .500 or better will qualify for playoffs

5th-8th Grade, Tyro/Sr Girls & Boys (Winter) "B" & "C" Leagues

Top 3 Teams in each league will qualify for playoffs

Top 4 Teams will qualify **only if division consists of only one league**

DETERMINATIONS:

- 1) Playoff Seedings are determined by:
 - a) Wins
 - b) Percentage of completed schedule (80 % minimum to qualify)
 - c) Head to Head
 - d) If a, b & c above are equal seeding will be determined by a coin toss.
Exception - see #2 below

- 2) In the event of a tie for the final playoff position, where head to head does not produce a clear determination, (teams split in regular season) an out-of- bracket playoff game(s) will be played to determine who will enter the playoffs in the final position.

- 3) In the event of a tie involving 3 or more teams, CYO Office will determine proper procedure.

Tyro Senior Boys/Fall

Double Elimination Tournament Qualification

DETERMINATIONS

- 1) Top team in each league (based on record) will advance to tournament.
 - a) Tie Breaker Regular Season Head to Head Record
 - b) Teams still tied head to head, an out-of-bracket game to be played prior to the 1st scheduled tournament game.

4th Grade Basketball Modifications

10 Game Season (no playoffs)

One official assigned each game.

Game ball circumference: 27.75 inches - 28.0 inches

10-second backcourt rule in effect (Girls & Boys)

Free throw line is 12 feet from the face of the backboard, 3 feet in from the normal line.

Four 7 minute quarters - 5 minute halftime

Time Outs: (3) Full (60 seconds) & (2) 30 second (per game)

- 1) **Scoring:** In an effort to properly evaluate 4th grade teams for future placement in the 5th grade leagues, game scores will be reported to the CYO office as per the "Reporting Scores" section of these rules/modifications.
 - (a) Tie scores will stand (no overtime)
 - (b) Score clocks will be set back to zero after each quarter; however, Coaches are required to keep game scores in the scorebook for reporting purposes.
 - (c) No Playoffs or Awards
- 2) Man-to-man defense will be played the entire game. Defensive coverage assignments may switch at any time as long as defenders are attempting to play man-to-man defense.
 - (a) Violations result in warning(s), then technicals. This is a judgment call.
 - (b) **Exception:** A team may elect to play any defense, zones included, when losing by 15 points or more.
- 3) No pressing in the backcourt at any time regardless of the score. Front court change of possession forces the team now on defense to drop back to the half court line to pick up their man. Violations are administered as a turnover. Defenders must start man-to-man play as their opponents cross the half court line.
- 4) When a group of offensive players (two or more) remove themselves from the offense (clear out), no defender will be forced to play defense on them until they clearly join the offensive play.
- 5) Anytime that play stops in the last minute of the game, after a basket, a time-out or an official's whistle, the clock will NOT re-start until the ball has crossed the center court line. The ten-second rule is still in effect.

Coaches please note CYO recommendations for 4th grade:

- This is an instructional level of play. Every player should have comparable playing time. Any parish wishing to enter a 4th grade team into a competitive play situation should move them up to the fifth grade level. Create a FUN atmosphere for the players. Do not get caught up in the diehard win/loss atmosphere. Be positive. Players will make mistakes. As their coach, recognize that they have limitations. Encourage learning from these mistakes and give praise when new or difficult skills have been mastered. Constructive criticism may be made to players when the ball is dead.
- Unnecessary roughness cannot be tolerated and officials WILL call fouls. Violations, such as traveling, palming, three seconds, etc. will be called loosely. This level of play can be more difficult to officiate

than upper grades due to the lack of body control and skill development of the players. Emphasis must be on game control.

5th Grade Basketball Modifications

12 Game Season, plus playoffs

One official assigned each game.

Game ball Circumference: (Girls) 27.75 to 28.5 inches (Boys) 28.5-29.0

10-second backcourt rule in effect. (Girls & Boys)

Free throw line 3 feet in front of regulation foul line

Four 7 minute quarters

One 3 minute Overtime (OT) played to completion. If score still tied after the first overtime, additional overtime period(s) until at least one point is scored (sudden victory) (LEAGUE PLAY ONLY). Playoffs/championships will play as many full overtimes as needed until a victor is declared.

Time Outs: (3) Full (60 seconds) & (2) 30 second per game (may be carried over to overtime).
One additional full time-out, per overtime period.

- 1) Man-to-man defense will be played the entire game. Defensive coverage assignments may switch at any time as long as defenders are attempting to play man-to-man defense.
 - (a) Violations result in warning(s), then technicals. This is a judgment call.
 - (b) **Exception:** A team may elect to play any defense, zones included, when losing by 15 points or more.
- 2) No pressing in the backcourt at any time regardless of the score. Front court change of possession forces the team now on defense to drop back to the half court line to pick up their man. Violations are administered as a turnover. Defenders must start man-to-man play as their opponents cross the half court line.
- 3) No double (or more) teaming of the ball except in the key. Violations result in warning(s) then a technical will be assessed to the player.
- 4) When a group of offensive players (two or more) remove themselves from the offense (clear out), no defender will be forced to play defense on them until they clearly join the offensive play.
- 5) Anytime that play stops in the last minute of the game, after a basket, a time-out or an official's whistle, the clock will NOT re-start until the ball has crossed the center court line. The ten-second rule is still in effect.

6th Grade Basketball Modifications

12 Game Season, plus playoffs

One official assigned each game, **6th Grade (A) Two officials assigned.**

Game ball Circumference: (Girls) 27.75 to 28.5 inches (Boys) 28.5-29.0

10-second backcourt rule in effect. (Girls & Boys)

Regulation foul line.

Four 7 minute quarters. One 3 minute Overtime (OT) played to completion. If score still tied after the first overtime, additional overtime period(s) until at least one point is scored (sudden victory) (LEAGUE PLAY ONLY). Playoffs/championships will play as many full overtimes as needed until a victor is declared.

Time Outs: (3) Full (60 seconds) & (2) 30 second per game (may be carried over to overtime).
One additional full time-out, per overtime period.

7th GRADE Basketball Modifications

12 Game Season, plus playoffs

Two officials assigned each game (if one official on a two official game- fee is fee and a half)

Game ball circumference: (Girls) 28.5-29.0 (Boys) 29.5-30.0

10-second backcourt rule in effect. (Girls & Boys)

Four 8 minute quarters. One 4 minute Overtime (OT) played to completion. If score still tied after the first overtime, additional overtime period(s) until at least one point is scored (sudden victory) (LEAGUE PLAY ONLY) Playoffs/championships play as many full overtimes as needed until a victor is declared.

Time Outs: (3) Full (60 seconds) & (2) 30 second per game (may be carried over to overtime).
One additional full time-out, per overtime period.

8th GRADE Basketball Modifications

12 Game Season, plus playoffs

Two officials assigned each game (if one official on a two official game- fee is fee and a half)

Game ball circumference: (Girls) 28.5-29.0 (Boys) 29.5-30.0

10-second backcourt rule in effect. (Girls & Boys)

Four 8 minute quarters. One 4 minute Overtime (OT) played to completion. If score still tied after the first overtime, additional overtime period(s) until at least one point is scored (sudden victory) (LEAGUE PLAY ONLY). Playoffs / championships play as many full overtimes as needed until a victor is declared.

Time Outs: (3) Full (60 seconds) & (2) 30 second per game (may be carried over to overtime).
One additional full time-out, per overtime period.

Tyro/Senior Basketball Modifications

Girls: 10 Game Season, plus playoffs - Boys Fall: 10 Game Season, plus tournament

Two officials assigned each game (if one official on a two official game- fee is fee and a half)

Game ball circumference: (Girls) 28.5-29.0 (Boys) 29.5-30.0

10-second backcourt rule in effect. (Girls & Boys)

Four 8 minute quarters. One 4 minute Overtime (OT) played to completion. If score still tied after the first overtime, additional overtime period(s) until at least one point is scored (sudden victory) (LEAGUE PLAY ONLY). Playoffs/championships play as many full overtimes as needed until a victor is declared.

Time Outs: (3) Full (60 seconds) & (2) 30 second per game (may be carried over to overtime).
One additional full time out, per overtime period.

Tyro/Senior only may play using 3 Point Rule as long as court is marked for 3 point shot.

Tyro/Senior Winter Boys Basketball Modifications

No Scholastic players are permitted.

See Tyro Senior (above) for any additional modifications

